

#### **INDICATION**

ARCALYST is indicated for the treatment of Recurrent Pericarditis (RP) and reduction in risk of recurrence in adults and pediatric patients 12 years and older.

# Put recurrent pericarditis in your past

If you continue to experience recurrences despite treatment and management approaches you've tried, it may be time to see if ARCALYST is right for you.

This brochure will give you a better understanding of:

- Recurrent pericarditis
- What causes the disease
- How ARCALYST works
- Administering ARCALYST
- Treatment support

Read on to learn how preventing future flares is possible with ARCALYST.

### **IMPORTANT SAFETY INFORMATION**

ARCALYST may affect your immune system and can lower the ability of your immune system to fight infections. Serious infections, including life-threatening infections and death, have happened in patients taking ARCALYST. If you have any signs of an infection, call your doctor right away. Treatment with ARCALYST should be stopped if you get a serious infection. You should not begin treatment with ARCALYST if you have an infection or have infections that keep coming back (chronic infection).





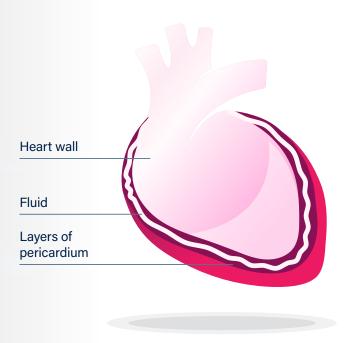


# What is pericarditis?

Pericarditis is inflammation of the pericardium, a fluid-filled sac that wraps around the heart and expands and contracts as the heart beats.

When the pericardium is inflamed, it becomes thicker than usual. This causes the heart to rub against the pericardium—an event commonly described as an episode or flare—which can lead to chest pain and other symptoms.

## Inflamed pericardium



# **Pericarditis symptoms**

The main symptom of pericarditis is chest pain that feels worse when breathing in or lying down.

Other symptoms may include:



Chest pain that moves from one area of the body to another (back, neck, or shoulder pain)



Swelling in the abdomen, legs, or feet



Shortness of breath when lying down



Overall feeling of weakness and fatigue



Cough



Heart palpitations



Low-grade fever



Anxiety



Record any symptoms you experience using the checklist at the back of this brochure and discuss them with your doctor.

#### IMPORTANT SAFETY INFORMATION

While taking ARCALYST, do not take other medicines that block interleukin-1, such as Kineret® (anakinra), or medicines that block tumor necrosis factor, such as Enbrel® (etanercept), Humira® (adalimumab), or Remicade® (infliximab), as this may increase your risk of getting a serious infection.



# **Types of pericarditis**



#### **Pericarditis**

A single episode (or flare) that will often go away completely after treatment or resolve on its own.



## **Recurrent pericarditis**

An episode (or flare) that occurs at least 4 to 6 weeks after the initial episode and can be followed by additional episodes.

#### **BY THE NUMBERS**



Up to 30% of people with pericarditis will experience another episode within 18 months, totaling about 40,000 people with recurrent pericarditis in the United States.

# What causes recurrent pericarditis?

Recurrent pericarditis may be driven by uncontrolled autoinflammation.

"auto" - means both self and automatic

"inflammation" - the painful swelling that happens as the body's natural response to injury or infection

So "autoinflammation" is an abnormal form of inflammation that happens automatically or continuously due to a process within the body, not from external causes.

#### **IMPORTANT SAFETY INFORMATION**

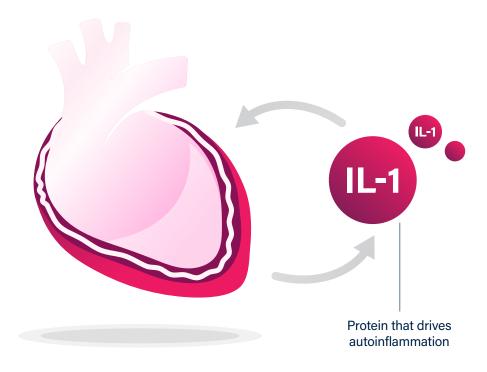
Talk with your doctor about your vaccine history. Ask your doctor whether you should receive any vaccines before you begin treatment with ARCALYST.



# The cycle of autoinflammation

Recurring flares may be driven by interleukin-1 (IL-1), a protein produced by your body that causes a continuous cycle of autoinflammation in the pericardium.

## Continuously inflamed pericardium



Commonly prescribed pericarditis therapies—including NSAIDs, colchicine, and steroids—do not target IL-1.

Learn more at ARCALYST.com/Why-ARCALYST

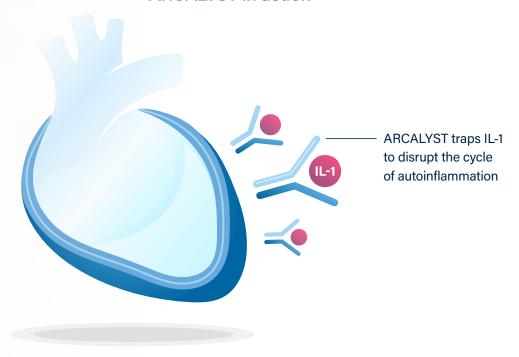




## Take control with ARCALYST

ARCALYST specifically blocks IL-1 to address the underlying cause of autoinflammation in recurrent pericarditis and help stop future flares.

#### **ARCALYST** in action



See the results at ARCALYST.com/Take-Control

#### **IMPORTANT SAFETY INFORMATION**

Medicines that affect the immune system may increase the risk of getting cancer.

## Proven, powerful results

ARCALYST was studied in 61 people who were diagnosed with recurrent pericarditis and experiencing at least a third flare. Some people were given ARCALYST and others were given placebo.

The results were then compared in order to understand how effective ARCALYST was at reducing the risk of future flares and providing symptom relief.

## ARCALYST significantly reduced the risk of future flares.

#### **LASTING PREVENTION**

reduction in risk of

recurrent pericarditits episodes

In the ARCALYST study:

- 2 of 30 patients (7%) who took ARCALYST had a recurrence
- 23 of 31 patients (74%) who took placebo had a recurrence

#### IMPORTANT SAFETY INFORMATION

Stop taking ARCALYST and call your doctor or get emergency care right away if you have any symptoms of an allergic reaction.



People experienced a rapid treatment response with ARCALYST.

#### **RAPID RELIEF**

of patients experienced symptom relief as early as after the first dose

After starting treatment, people experienced (on average):

- Pain reduction within 5 days
- Reduced levels of inflammation within 7 days

People experienced more pain-free days and were able to successfully transition from steroids to ARCALYST.

#### FREEDOM FROM PAIN AND STEROIDS

of days with minimal or no pericarditis pain compared pericarditis pain compared to 40% of days for patients on placebo

In the ARCALYST study:

- · ARCALYST significantly reduced the pain associated with recurrent pericarditis
- All patients were able to successfully transition from steroids to ARCALYST only

# **Understand treatment with ARCALYST**

Learn about how you will receive your once-weekly injection.





# How is ARCALYST given?

ARCALYST is a once-weekly, self-administered subcutaneous injection.

#### **Self-administered**

means you give the injection yourself

#### Subcutaneous

means "under the skin"



You will receive your first injection of ARCALYST with the help of a healthcare provider in the doctor's office or with the support of an ARCALYST Clinical Educator.

You will then self-administer a once-weekly injection. **Do not try to give yourself ARCALYST injections until you are sure that you understand how to prepare and inject your dose.** 

Learn more at ARCALYST.com/How-To-Use-ARCALYST

#### **IMPORTANT SAFETY INFORMATION**

Your doctor will do blood tests to check for changes in your blood cholesterol and triglycerides.

## **Treatment support**

In addition to the training you'll receive from your healthcare provider or an ARCALYST Clinical Educator, Kiniksa offers resources to help you better understand how to prepare and inject ARCALYST.







**Injection Training Video** 

You can also view the training video and download step-by-step instructions at **ARCALYST.com/Training**.

Scan the code to watch the full injection training video



### **IMPORTANT SAFETY INFORMATION**

In patients with recurrent pericarditis, common side effects include injection-site reactions, which may include pain, redness, swelling, itching, bruising, lumps, inflammation, skin rash, blisters, warmth, and bleeding at the injection site, and upper respiratory tract infections.



## **Common terms**

**Autoinflammation** – An abnormal form of inflammation that happens automatically or continuously due to a process within the body, not from external causes.

**Episode/flare** – An inflammation of the pericardium, making it thicker than usual and causing the heart to rub against the pericardium.

**Interleukin-1 (IL-1)** – A protein produced by your body that causes a continuous cycle of autoinflammation in the pericardium.

**NSAIDs** – Nonsteroidal anti-inflammatory drugs, commonly used to relieve pain, reduce inflammation, and bring down a high fever.

**Pericarditis** – Inflammation of the pericardium.

**Pericardium** – Fluid-filled sac that wraps around the heart.

**Recurrent pericarditis** – An episode (or flare) that occurs at least 4 to 6 weeks after the initial episode and can be followed by additional episodes.

Subcutaneous - Under the skin.



# **Symptom checklist**

For more informed conversations with your doctor, keep a record of any signs of pericarditis you may be experiencing.

Chest pain that moves from one area of the body to another

(back, neck, or shoulder pain)
Swelling in the abdomen, legs, or feet
Shortness of breath when lying down
Overall feeling of weakness and fatigue
Cough
Heart palpitations
Low-grade fever
Anxiety
ditional notes: Ex: 10/26 - Experienced chest pain for about an hour before bed, could be stress.



## Personalized one-on-one treatment support

Once you are enrolled in Kiniksa OneConnect™, you will be paired with a dedicated Patient Access Lead throughout the entire treatment experience.

Patient Access Leads have the unique experience to help you navigate:

- Insurance coverage and benefits investigation
- The prior authorization process
- Treatment logistics
- Options for injection training
- Ongoing education and support



(2) 1-833-KINIKSA (1-833-546-4572) Monday-Friday (8 AM-8 PM ET)

"Starting a new treatment can be challenging, which is why the Kiniksa OneConnect program was created to help make support simple."

## Learn more at ARCALYST.com



